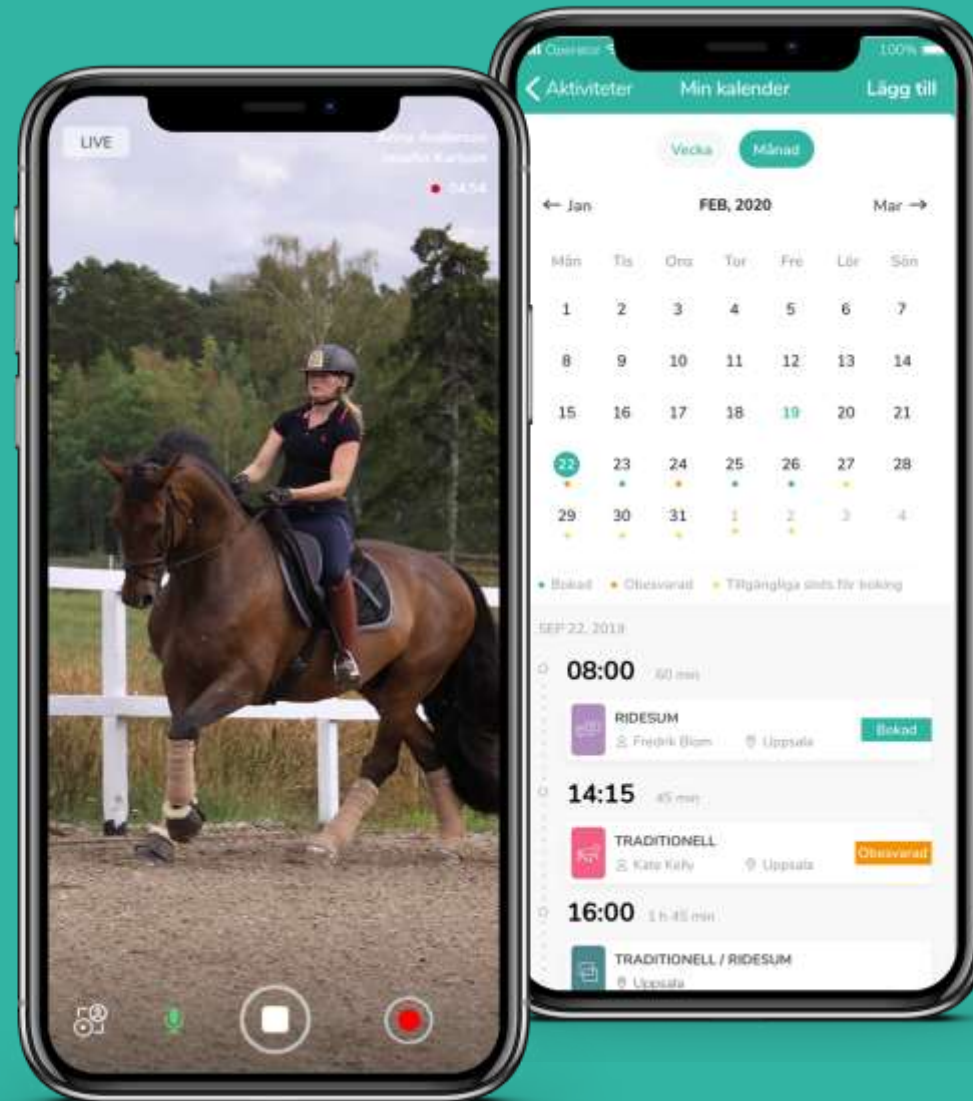


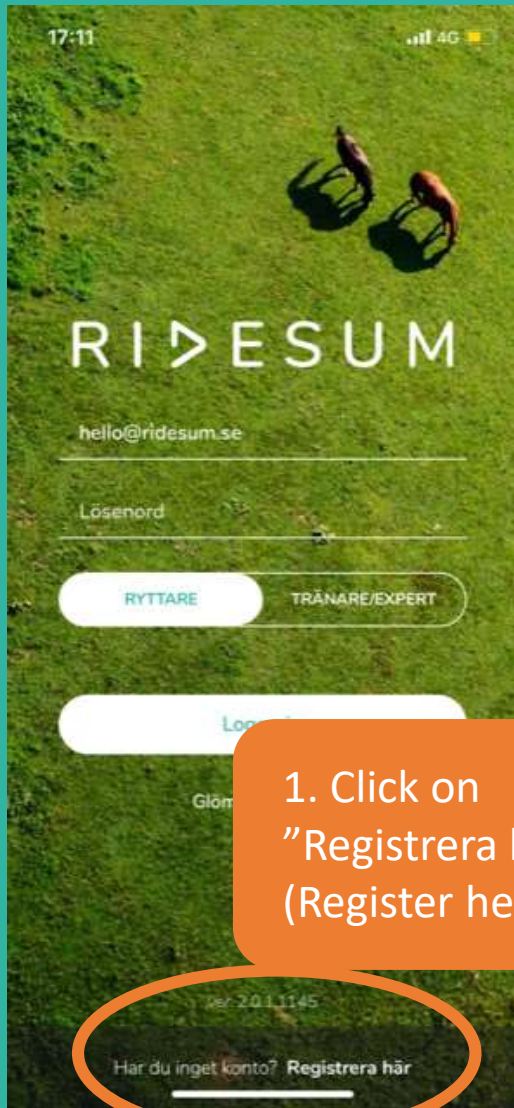
Hi there horse rider!

We are working hard to translate the Ridesum app into English as soon as possible.

Meanwhile we have created a **quick guide** to support non Swedish speaking riders and trainers. It is not perfect, but it should cover the most essential parts to help you get started 😊



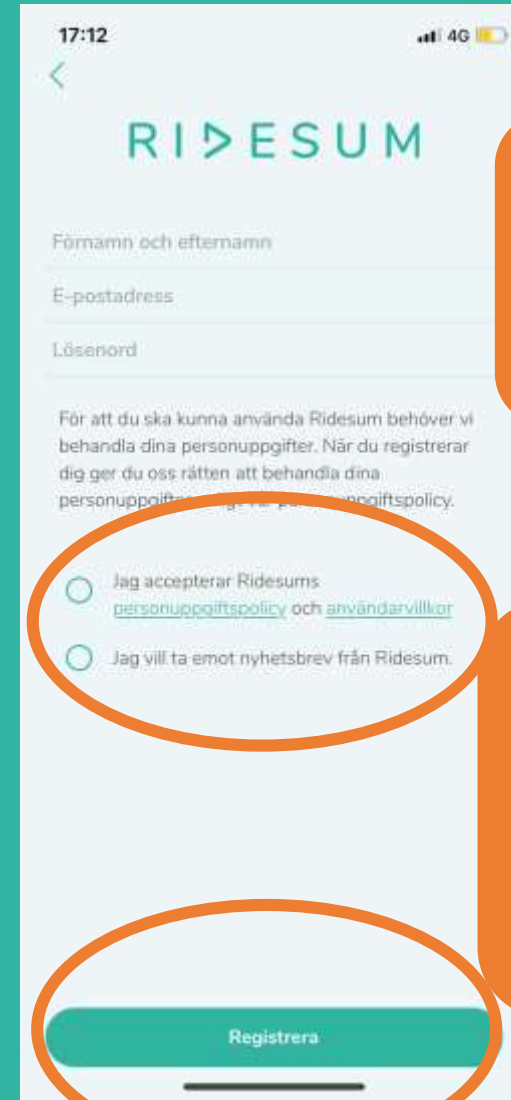
Register a rider account



1. Click on "Registrera här" (Register here)



2. Click on "Jag är ryttare" (I'm rider)



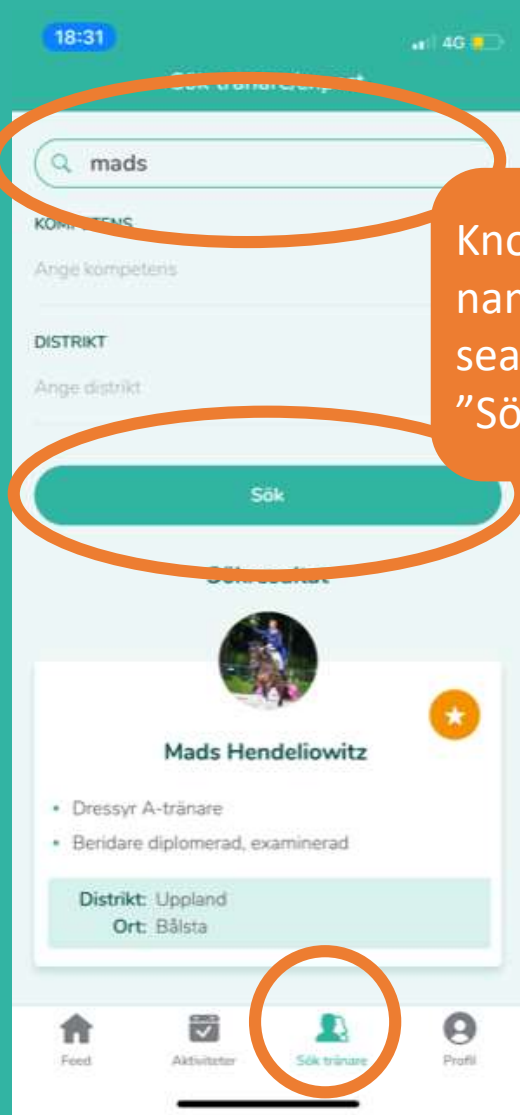
3. Fill in:

- Full name
- E-mail
- Password

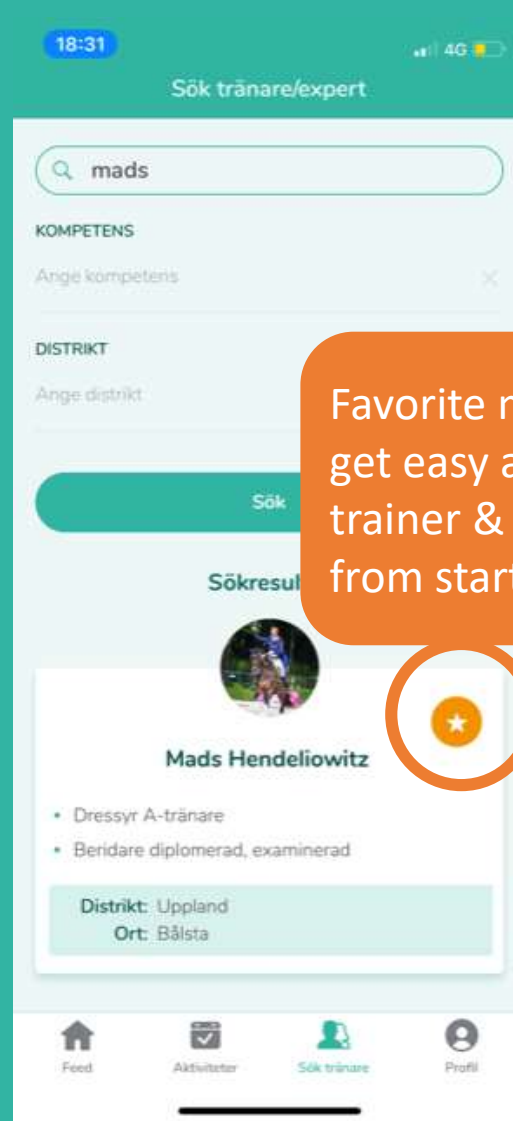
4. Mark checkboxes for privacy policy & terms & conditions + newsletter.

5. Click "Registrera"
6. Done!

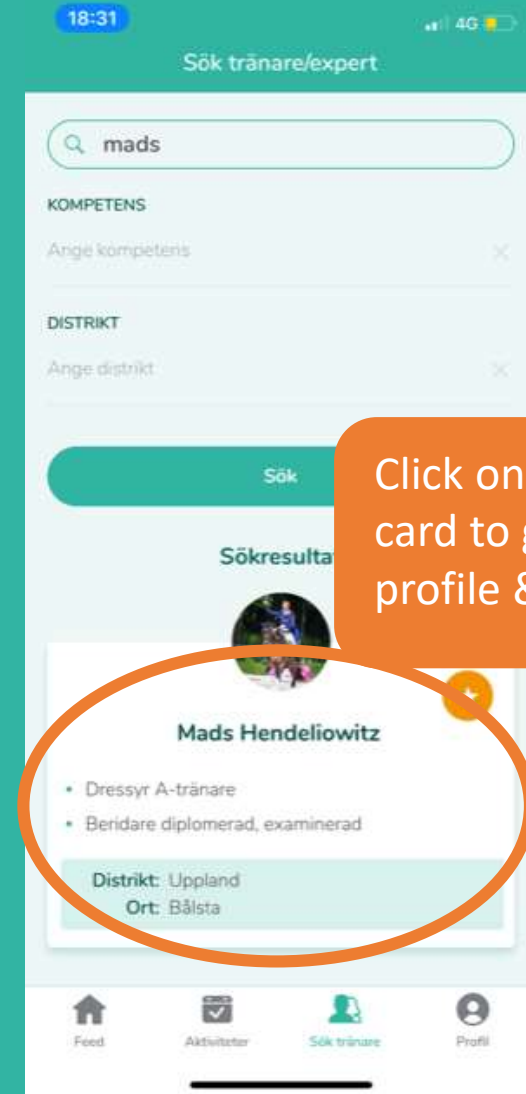
Search trainer/expert



Know trainers name? Write it in search field + click "Sök" (Search)

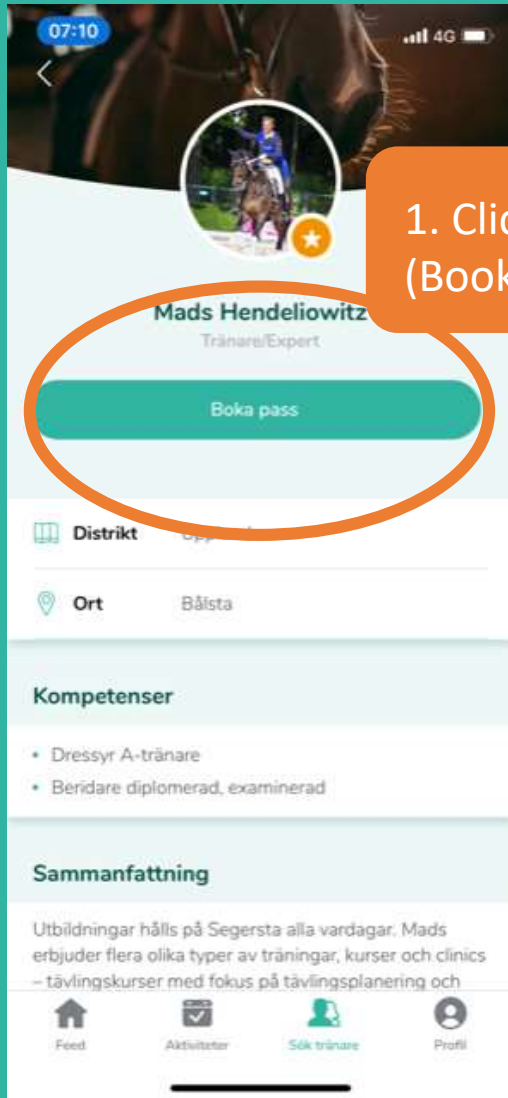


Favorite mark to get easy access to trainer & booking from start page.



Click on trainer card to get to profile & booking.

Book a training session

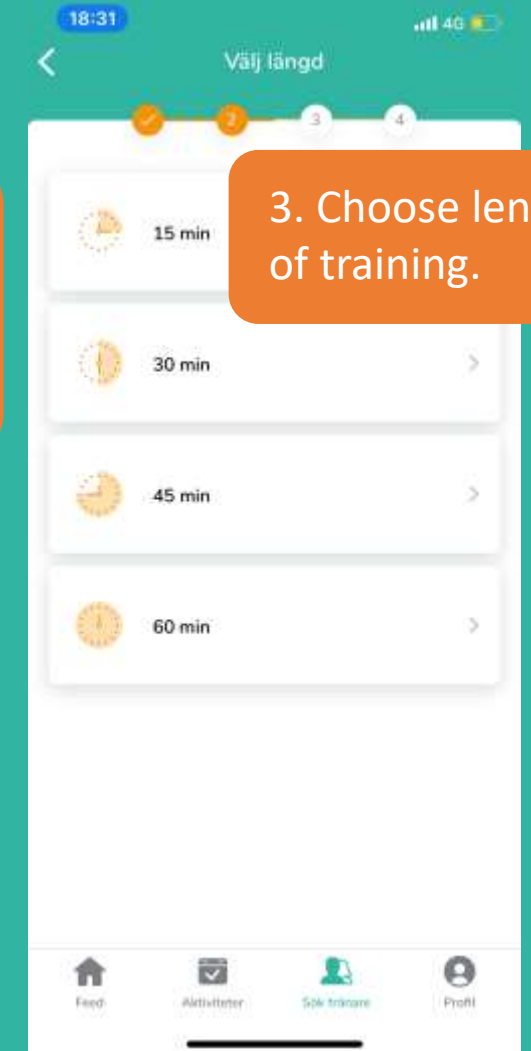


1. Click "Boka pass"
(Book training)



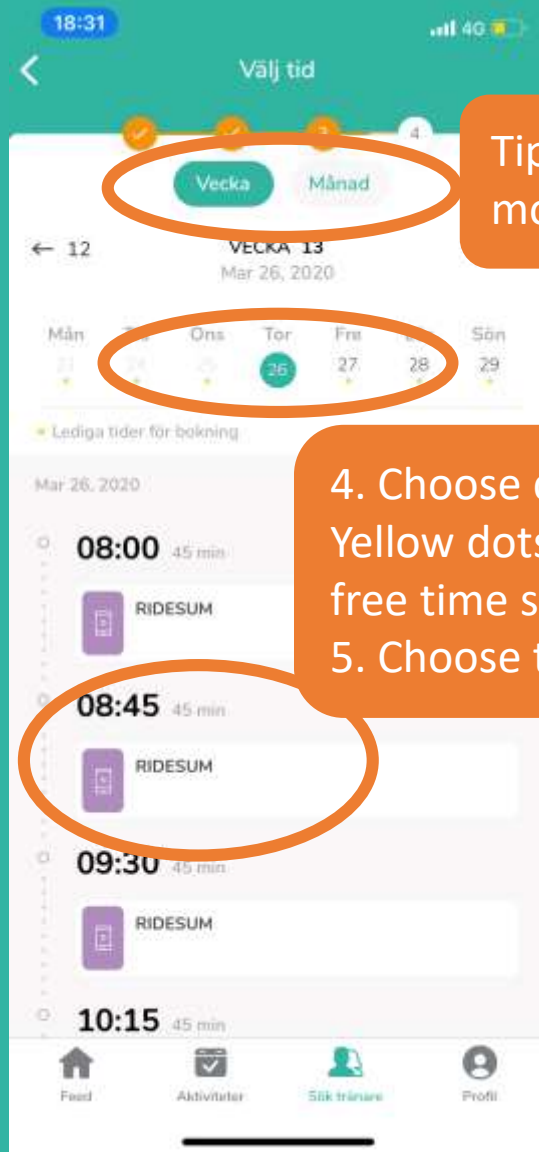
2. Choose training type:

- Traditional IRL training
- Digital Ridesum training
- Feedback on video



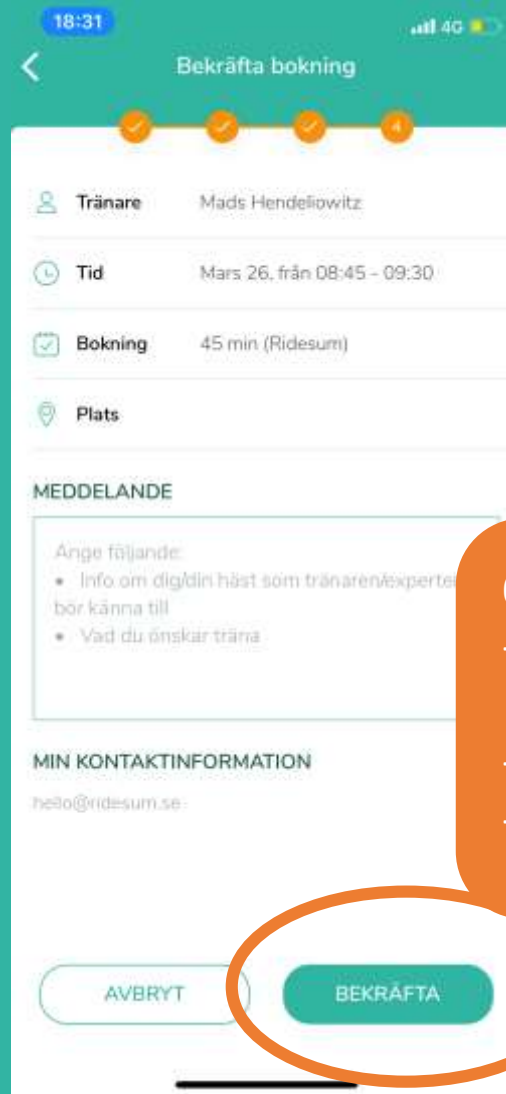
3. Choose length
of training.

Book a training session



Tip! Show weekly/
monthly overview.

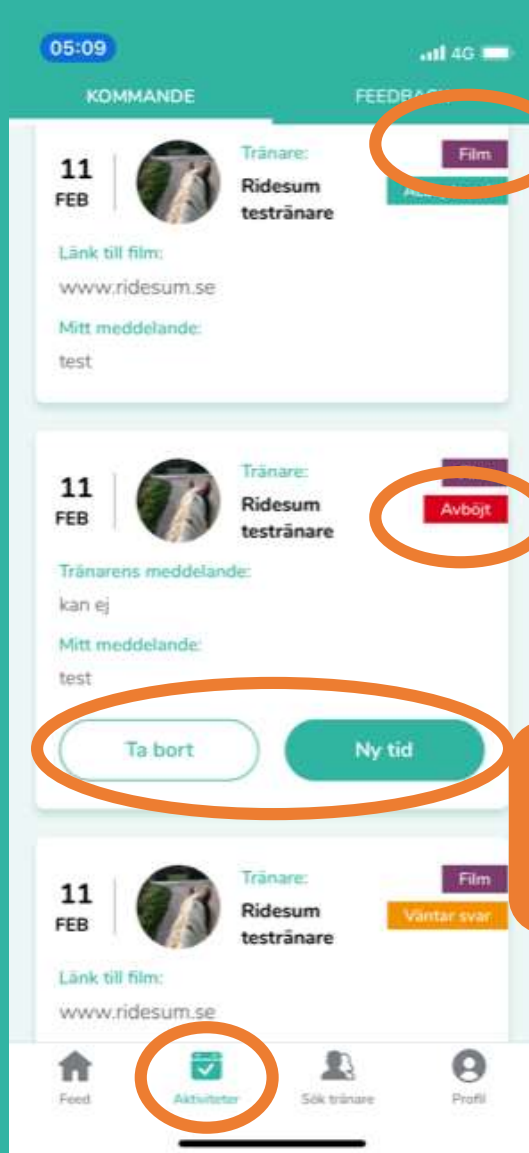
4. Choose date.
Yellow dots = dates with
free time slots.
5. Choose time



6. Confirm booking:

- You can write a message to trainer
- Click "Bekräfta" (Confirm)
- Done! Popup shows confirming request is sent.

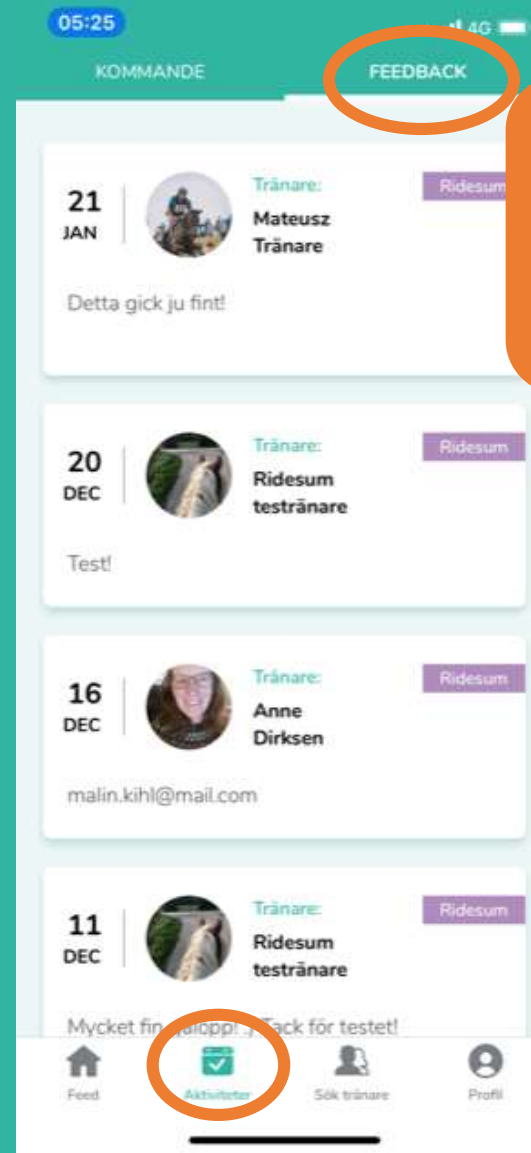
Activities: Upcoming trainings + feedback



Label showing type of booking/training

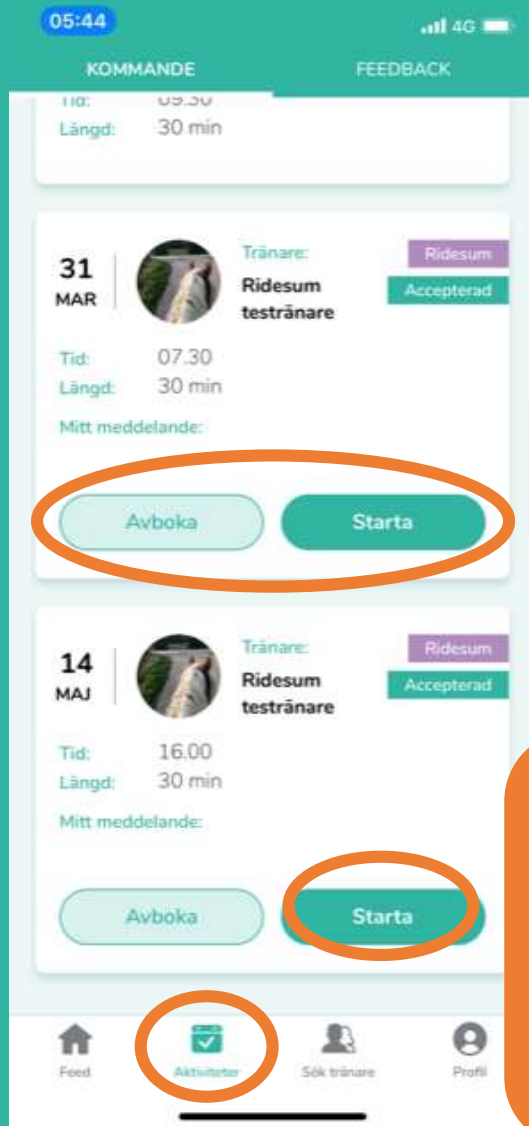
Label showing booking request status.
- Green=accepted
- Orange=pending
- Red=Declined

Declined request
- Ta bort=delete
- Ny tid=new date



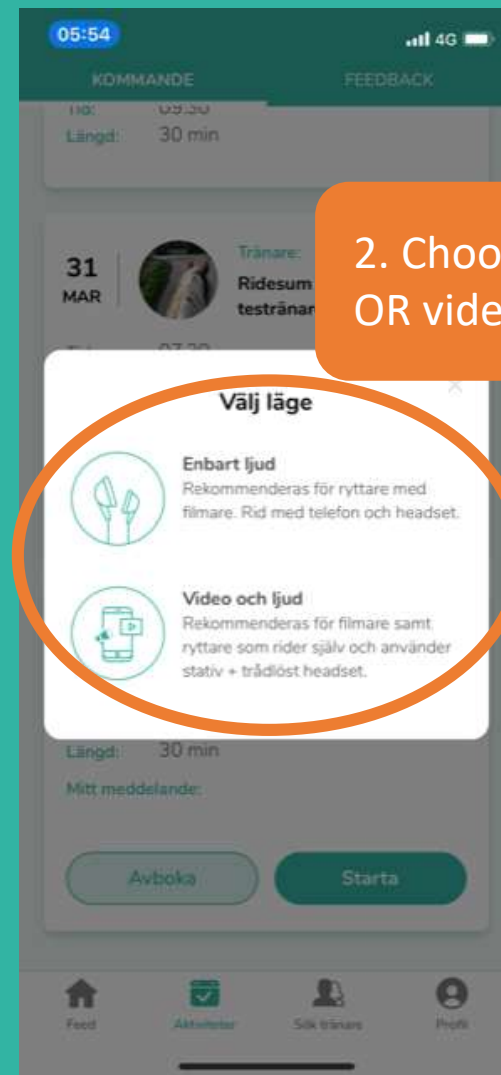
Trainers written feedback from digital training sessions & sent video is saved here.

Digital Ridesum training – start session



Cancel (avboka) or start digital training.

1. Click to start digital training
NOTE: Both rider & person filming log in to riders account & click start here.



2. Choose only audio OR video & audio.

- **Audio** – for rider with person helping filming. Rider wears regular phone headset + phone in pocket.
- **Video & audio** – for person helping filming OR rider training solo wearing bluetooth headset & putting filming phone on tripod.

Digital Ridesum training – during session

Turn filming phone horizontal. Hold still to stabilize picture.

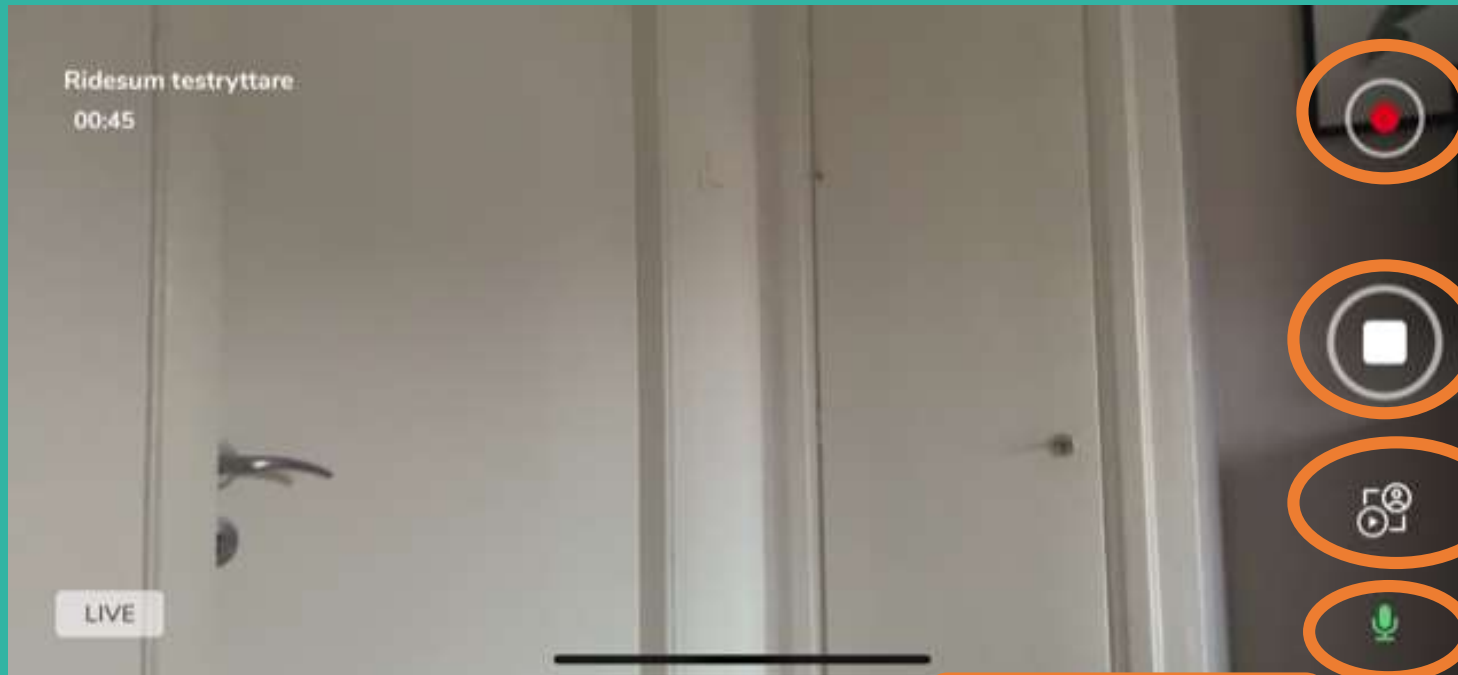
Tip! Filming person can also wear headset & listen in to the training.

Recording training is available for Premium. Please upgrade account to use.

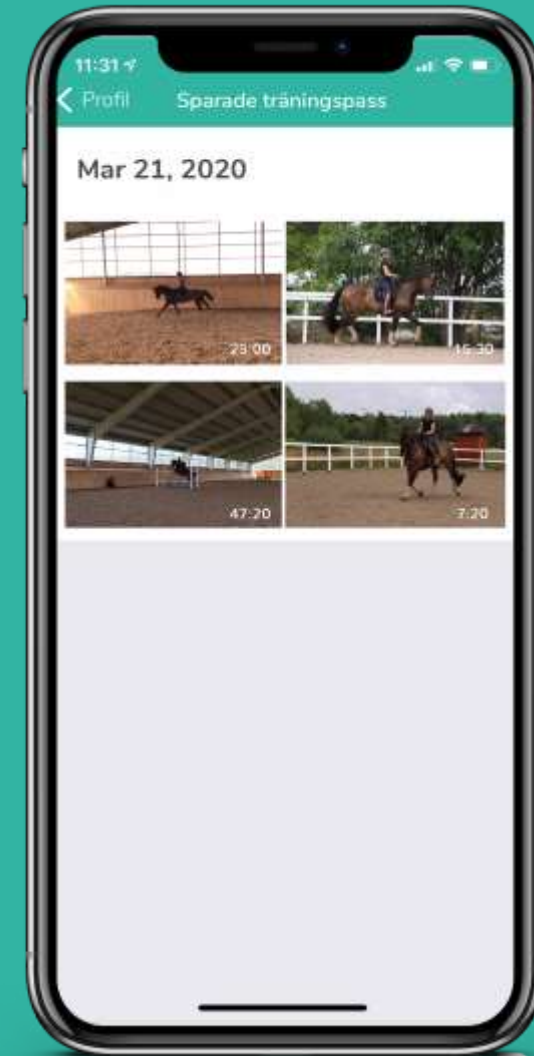
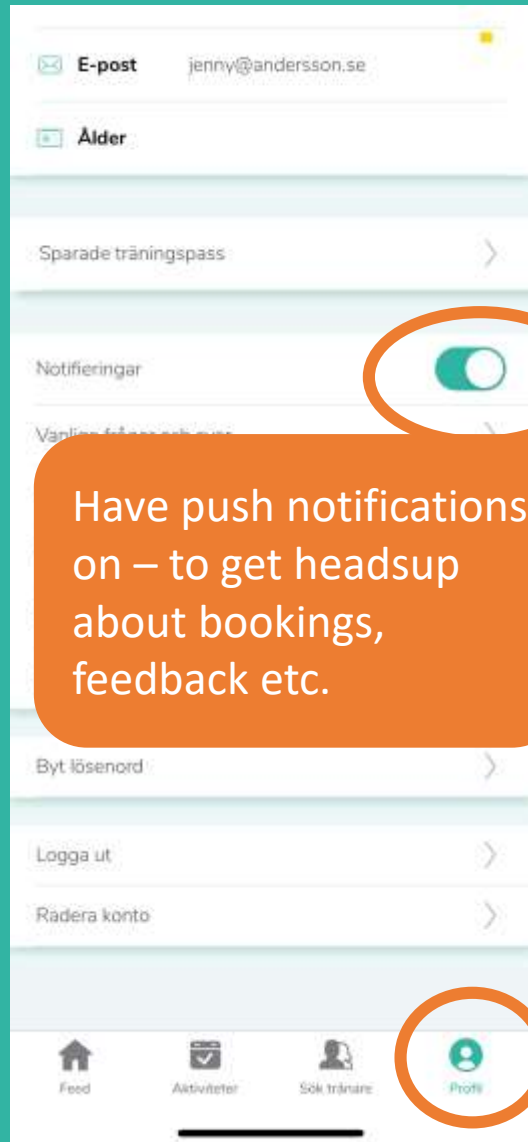
Stop/paus training session.

Trainer can start webcam to show something. Click to see trainer.

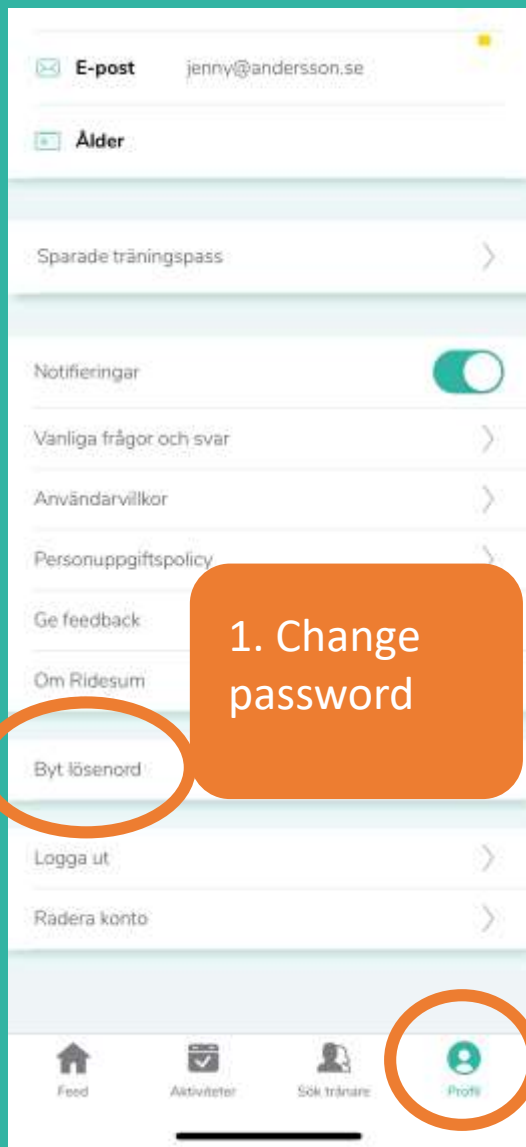
Click to mute/unmute audio.



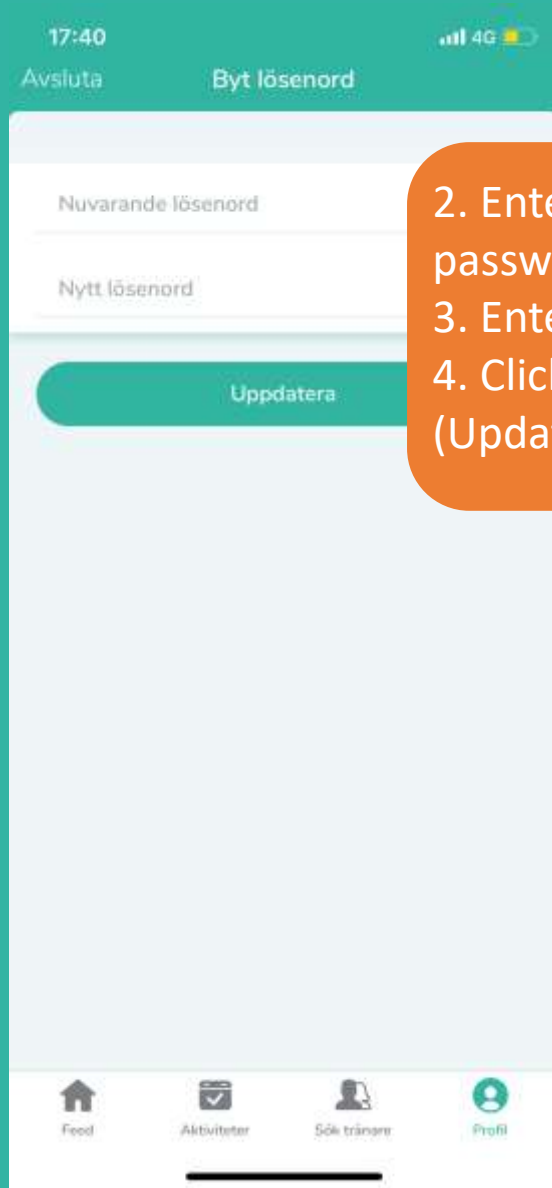
Rider profile – push notifications & saved videos



Rider profile – password



1. Change password



2. Enter current password
3. Enter new password
4. Click "Uppdatera" (Update). Done!



Forgot password?

1. Click "Glömt lösenord"
2. Choose Ryttare (rider)
3. Enter reg. e-mail
4. Click "Skicka" (Send)
5. Check e-mail inbox incl. spam for new password

We hope the guide helped!

More questions?

Contact us at hello@ridesum.se
or Facebook.

We are happy to support you!

Cheers from the Ridesum Team 😊

